

IK Catering

Lunch Menu

To Order Call: 804-HAS-FOOD

7522 Lee Davis Road Mechanicsville, VA 23111
www.ikcatering.com

SANDWICHES

Sandwiches served with choice of bread: White, Wheat, Ciabatta or Wheat Wrap.

Classic Chicken Salad

Shredded chicken tossed with mayonnaise, chopped celery, house seasonings and topped on bread choice with lettuce and tomato.

Thai Chicken Salad

Diced grilled chicken tossed with spicy chili Thai mayonnaise, chopped celery, water chestnuts, green onion and carrots topped on bread choice

Classic Club Sandwich

Sliced oven roasted turkey breast, honey ham, American cheese, bacon, lettuce, tomato and mayonnaise.

Italian Grinder

Sliced honey ham, salami, pepperoni, sweet peppers, red onion, provolone cheese, lettuce, tomato, Italian dressing and mayonnaise.

Caprese

Thick tomato slices, fresh mozzarella cheese, red onion and a basil-pesto aioli.

Pastrami and Swiss

Tender sliced pastrami topped with Swiss cheese, sauerkraut and spicy brown mustard.

Roast Beef

Sliced roast beef, cheddar cheese, lettuce, tomato, red onion and our homemade horseradish sauce.

SALADS

Garden Salad

Iceberg and spring mix topped with carrots, radishes, cucumber, grape tomatoes, red onions and ranch dressing

Italian Club Salad

Iceberg and romaine lettuce topped with ham, salami, pepperoni, tomatoes, red onions, mozzarella cheese and sweet peppers. Served with creamy Italian dressing.

Chicken Caesar Salad

Romaine lettuce topped with sliced of grilled chicken, parmesan cheese, sliced red onions and our homemade croutons. Caesar dressing served on the side.

Sesame Chicken Salad

Chilled flat noodles tossed with celery, carrots, green onions, chopped fresh spinach, sliced chicken breast and a sesame-ginger dressing and topped with toasted sesame seeds.

Southwest Salad with grilled chicken

Romaine and iceberg lettuce topped with cheddar cheese, corn, black beans, Pico di Gallo and a chipotle rubbed chicken breast. Served with avocado ranch.

Apple Grove Chicken

Diced grilled chicken tossed with apple cider mayonnaise, chopped celery, diced apples and walnuts topped on bread choice with lettuce.

California Club

Sliced oven roasted turkey breast, Swiss cheese, bacon, lettuce, tomato and avocado spread.

Ham and Cheese

Sliced honey ham, American cheese, red onion, sliced pickles, lettuce, tomato and yellow mustard..

Pesto Chicken Sandwich

Marinated grilled chicken breast topped with provolone cheese, red onion, lettuce, tomato and a basil-pesto aioli.

South Western

Chipotle rubbed grilled chicken breast, pepper jack cheese, lettuce, tomato, red onion, fresh cilantro, and avocado spread.

The "Rueben"

Sliced thin corned beef, Swiss cheese, sauerkraut and 1000 island dressing.

Buffalo Blue Cheese

Buffalo marinated grilled chicken topped with provolone, lettuce, tomato and creamy blue cheese spread.



BOX LUNCHES

All boxed lunches are packaged and labeled with its contents. Name personalization available upon request.

Sandwich and Wrap Box Lunches

Your choice of any one of our delicious sandwiches or wraps. All sandwich and wrap box lunches come with napkins, salt, pepper, fork and knife.

\$7.99 pp; sandwich, side dish and dessert
\$8.99 pp; sandwich, side dish, dessert and basic beverage

Salad Box Lunches

Your choice of any one of our freshly made salads. All salads come with dressing, roll and butter, napkins, salt, pepper, fork and knife.

\$7.99 pp; salad and dessert
\$8.99 pp; salad, dessert and basic beverage
\$1.25 to add a cup of soup; clam chowder or minestrone.

HAND ROLLED WRAPS

Chicken Caesar Wrap

Diced grilled chicken, romaine lettuce, red onion, parmesan cheese and our homemade Caesar dressing wrapped in a sundried tomato tortilla.

Veggie Wrap

Mushrooms, onions, green peppers and sweet peppers slow sautéed in a balsamic glaze with, lettuce, feta cheese and bruschetta in a spinach tortilla.

The Greek Wrap

Romaine lettuce, tomatoes, artichokes, black olives, Kalamata olives, sweet peppers, red onions, pepperoncini and a creamy parmesan Italian dressing in

Buffalo Chicken Wrap

Breaded chicken tenders tossed in buffalo sauce with white rice, lettuce, tomato, mozzarella cheese and ranch dressing in a whole wheat tortilla.

Santa Fe Chicken Wrap

Tender grilled chicken, black beans, corn, tomatoes, romaine lettuce, cheddar cheese, fresh cilantro and chipotle mayonnaise in a whole wheat tortilla.

Side Dishes

Greek pasta salad, Potato Chips, Potato Salad, Garden salad with ranch dressing, cucumber salad, cole slaw, fresh fruit cup... **\$1.50 each**

Desserts

Chocolate chip cookie, white chocolate macadamia nut cookie, rice crispy treat, mini eclairs, or fresh fruit cup... **\$1.50 each**

Basic Beverage

Can Coke, Can Diet Coke, Can Sprite, bottled water or bottled sweet tea.

\$.99 each

HOT BOX LUNCHES

Your choice of any one of our homemade hot meals. All hot box lunches come with side garden salad with ranch dressing, roll and butter, napkins, salt, pepper, fork and knife. Minimum of 5 lunches per menu selection.

\$7.99 per hot box lunch
\$8.99 pp; hot box lunch and dessert
\$9.99 pp; hot box lunch, dessert and basic beverage

\$1.25 to add a cup of soup; clam chowder or minestrone.



Baked Ziti

Ziti noodles tossed with ricotta cheese and marinara sauce, topped with sauce and baked mozzarella cheese.

Penne Chicken Alfredo

Penne noodles topped with a creamy alfredo sauce and sliced grilled chicken breast.

Chicken Tender Meal

Breaded chicken tenders with honey mustard for dipping. Served with cheddar penne alfredo and steamed broccoli.

Chicken Pot Pie

Diced chicken, peas, carrots, onions, celery and potatoes in a velvety gravy topped with puff pastry.

Penne with Meat Balls

Penne noodles topped with marinara sauce mini meat balls. Served with a side of parmesan cheese.

Grilled Chicken Meal

Rotisserie marinated grilled chicken breast served with wild rice and steamed broccoli.

Mama Gina's Meatloaf

Fresh ground beef mixed with onions, peppers and seasonings topped with brown gravy and served with mashed potatoes and green beans.

Pulled Pork BBQ

Pulled pork bbq with sweet bbq sauce on the side, coleslaw and baked beans.

Grilled Chicken di Gallo

A chipotle marinated chicken breast topped with melted cheddar cheese and pico di gallo. Served with rice and a southwest vegetable medley of black beans, corn, and red peppers.

THEMED HOT BUFFETT LUNCHES

All Themed hot buffet lunches require a minimum of 12 people. Themed hot buffet lunches include plates, fork, knife and napkins.

That's Amore (Italian Fare)

Your choice of two main entrees: meat lasagna, vegetarian lasagna, baked ziti, penne alfredo with grilled chicken or penne with mini meat balls



Italian Salad; consisting of iceberg and romaine lettuce, tomatoes, cucumbers, red onions, celery, radishes, black olives, and pepperchonnis. Served with Italian dressing.

Dessert: Mini éclairs.

Also served with sliced Italian bread, parmesan cheese and bottled water and bottled sweet tea

\$9.99 Per Person

Fiesta Mexicana (Southwest Fare)



Your choice of meat, served with soft tortilla shells, and the fixings of lettuce, diced tomato, cheddar cheese, sliced black olives and sour cream. Meat Choices: Seasoned ground beef, green chili simmered pulled chicken, grilled chicken strips, cilantro lime marinated steak (\$2.00 per person) or, seasoned ground beef vegan substitute.

Fiesta Salad; consisting of iceberg and romaine lettuce, tomatoes, red onions, corn, black beans, cheddar cheese. Served with avocado ranch..

Side Dishes: Tortilla chips with salsa and Mexican style rice.

Dessert: Mexican Cinnamon Chips or Flan.

Also served with bottled water and bottled sweet tea

Choice of one meat, \$9.99 Per Person

American Pride

Your choice of main entrees: Chicken fingers, Pulled pork BBQ, Meat loaf with gravy or grilled pork chops with onion gravy.



Your choice of two side dishes: Cole slaw, Mac n Cheese, green beans, baked beans, or potato salad

Garden Salad; consisting of Iceberg and spring mix topped with carrots, radishes, cucumber, grape tomatoes, red onions and ranch dressing

Dessert: Assorted Cookies or Apple Pie

Also served with rolls, bottled water and bottled sweet tea

Choice of one meat, \$9.50 Per Person

Choice of two meats, \$10.50 Per Person

Fit and Healthy Meal

Cilantro-lime marinated grilled chicken breast and teriyaki glazed chicken.



Side Dishes: Citrus Basmati Rice and Roasted Vegetable Medley (Squash, Zucchini, Red Onions, Red Peppers and Carrots)

Garden Salad; consisting of Iceberg and spring mix topped with carrots, radishes, cucumber, grape tomatoes, red onions and fat free raspberry vinaigrette dressing

Dessert: Individual Yogurt and Crunch Parfait

Also served with Vitamin Water

\$9.99 Per Person

LUNCH TRAYS

Sandwich and Wrap Trays

Choose any four of our delicious sandwiches or wraps. Sandwiches and wraps will wrapped will cut in half and labeled for easy identification for your employees or guest. Cost includes plates, napkins and forks.

\$6.99 per person

\$7.50 per person; sandwich and side dish

\$7.99 per person; sandwich, side dish and dessert

\$8.99 per person; sandwich, side dish, dessert and assorted basic beverage

Salad and Soup Lunch

All salads and soups come with rolls and butter. Cost includes plates, bowls, napkins, spoons, forks, salt and pepper.

\$7.50 per person; salad or soup only

\$8.25 per person; salad or soup and dessert

\$8.99 per person; salad or soup, dessert and assorted basic beverage

\$9.99 per person; salad, dessert, assorted basic beverage and choice of soup.

Add an additional soup or salad choice; \$1.00 pp

Salad Choices: Garden, Italian Club, Chicken Caesar, Sesame Chicken, Southwest, Spinach, Greek Pasta, Traditional Greek, IK Cobb, Strawberry Spinach.

Soup Choices: Clam Chowder, Minestrone, Tomato Basil, Broccoli and Cheese, Chicken Harvest, Loaded Bake Potato, Italian Wedding, Chicken and Wild Rice, Vegetable Beef.

Hot Lunch Trays

Choose any two of our homemade hot meals. All Hot Tray lunches come with garden salad with ranch dressing, roll and butter. Cost includes plates, napkins and forks and disposable chaffing rack with chaffing oil.

\$8.50 per person

\$9.50 per person; hot lunch trays and dessert

\$9.99 per person; hot lunch trays, dessert and assorted basic beverage

Placing Orders

When possible we suggest placing your order 24 hours or more in advance, you may place your order by phone; if you have any needs that are outside of our ordering guidelines please give us a call at 804.427.3663. We will accommodate your special requests whenever possible. All prices and menu selections are subject to change without notice. We are Richmond's premier experts at short notice orders for groups of 12 or 300! By taking special care of each rush order we ensure the highest reliability and consistency possible. A 10% service charge on food and beverage will be added on orders or add-ons placed after 5 p.m. for next day delivery, as well as same day orders.

Minimum Orders and Cancellations

We are happy to accommodate orders of any size 12 or more with the exception of menu selections that require a minimum. We also require a minimum for orders with a delivery date on Sundays. Please call for details. Cancellations or modifications to your order must be confirmed by 5 p.m. the day before your delivery date. A new Order Confirmation will be faxed or emailed to you, this must be signed and must be faxed back to our office. If we do not receive the revised Order Confirmation you will be sent and billed for your original order.